

Survivor:

My boyfriend/girlfriend screamed at me and shoved me against the wall last night. I don't know what to do...

School Counselor

How about if we call him (her) in and we can talk about it all together. Let's try and help you two work this out.

I'm really glad you came to talk to me. You must have a lot of strength and courage to be getting through this. Can you tell me more about what's been going on?

Sibling

Well, I can help you break up with him (her) if you want to. I'm getting pretty sick of just listening to the same problems over and over again. You should just end it. I don't even know what you see in him (her) anyway.

It's hard to know you've been going through this for so long and it's really frustrating to see you like this. I know you have to handle this your own way, but I'm really worried about you. Is there anything I can do?

Friend

I warned you about him (her) and I wish you had listened to me. You knew he (she) was bad news even before this happened. I can't stand around and watch him (her) do this to you. When you're ready to do something about your situation, let me know.

You don't deserve this. I really want to help you and I'll just listen if you want. I'm here for you no matter what. Will you tell me more about what happened?

Coach

What did you do to get yourself in that situation?

I've seen other students in similar situation and I know that it can be tough. I would recommend that you talk with someone about this. Do you want me to go with you to talk to the school counselor?

Boss

I can't have you working here while you're so upset. Why don't you take some time off and call me when you can really focus on your job.

I see that the stress of this relationship is affecting your work. Do you need some time off or does being at work help?

Parent

I told you I don't like him (her) and I don't want you seeing him (her) anymore. You have to stay away from him (her).

Are you all right? I'm so glad that you came to talk to me because I've been really worried about you. It must be so confusing to have someone that you care about hurt you.

School Nurse

I need you to calm down so that I can help you. I know that relationships can be tough. Now tell me what happened that led up to the fight.

No one has the right to treat you this way. I'm worried about your safety – maybe together we can come up with some ways to help you feel safer.

Teacher

You have made him (her) your whole life. You need to expand your horizons and meet some new people. There are lots of great people out there.

This must be really hard for you. I've noticed that you've drifted from most of your friends and you seem lonely lately. Do you have anyone else you can talk to?

Youth Group Leader

I've seen the way the two of you act around each other, and it really isn't healthy. I need to tell you that we can't have that kind of stuff going on in our youth group.

I've noticed that your relationship seems more up and down lately – like a roller coaster. I hope you have people to talk to about this. I can make some suggestions if you'd like.

Abuser:

I love you. I really need you. It won't happen again. If you stay with me, I'll get help. I care about you so much – I'm the one who's always here for you.